

KRRA Howe Island Hustle

Howe Island

07/05/2016

7/5/16 - 7/5/16

Results by www.runningbydesign.com**Event # 2 MIXED 1Mile Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
OVERALL							
1	Leo Silburn	M 10	492	KINGSTON	4:15.3	6:51.0	6:51.00
2	Thomas Coulter	M 8	516	GANANOQUE	4:24.7	7:06.0	7:06.00
3	Sophie Saunders-Lambert	F 9	493	HOWE ISLAND	4:27.1	7:10.0	7:10.00
4	Willow Breadner	F 9	489	KINGSTON	4:36.5	7:25.0	7:25.00
5	William Kerr	M 6	528	KINGSTON	4:51.4	7:49.0	7:49.00
6	Nicholas Earle	M 9	509	KINGSTON	4:53.2	7:52.0	7:52.00
7	Ava Carter	F 10	515	GANANOQUE	4:53.9	7:53.0	7:53.00
8	Holly Gardner	F 10	525	KINGSTON	4:54.5	7:54.0	7:54.00
9	Isaac Saunders-Lambert	M 12	494	HOWE ISLAND	5:52.9	9:28.0	9:28.00
10	Austin Sheard	M 7	522	KINGSTON	5:55.4	9:32.0	9:32.00
11	Ben Prowse	M 7	521	KINGSTON	6:22.7	10:16.0	10:16.00
12	Linnea Riley	F 7	491	KINGSTON	6:33.9	10:34.0	10:34.00
13	Miles Sheard	M 6	523	KINGSTON	6:37.6	10:40.0	10:40.00
14	Pamela Prowse	F 5	520	KINGSTON	8:05.2	13:01.0	13:01.00
15	Desmond Kerr	M 2	527	KINGSTON	10:23.2	16:43.0	16:43.00
16	Finlay Scholz	M 3	508	KINGSTON	11:38.4	18:44.0	18:44.00