

28th Annual Mark Darroch 1/2 and James K. Carlyle 5km

Sept 12, 2015

12/9/15 - 12/9/15

Results by www.runningbydesign.com

Event # 1 MIXED 5K Run

Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 1 - 9						
1 Sophie Saunders-Lambert	F 9	309	HOWE ISLAND	5:13.00	8:23.72	26:05.00
FEMALE 10 - 14						
1 Lexi Kundlacz	F 14	328	BROCKVILLE	4:04.20	6:33.00	20:21.00
2 Alyshia Alkerton	F 12	347	BROCKVILLE	4:13.40	6:47.81	21:07.00
3 Maggie Crawford	F 11	323	ELIZABETHTOWN	5:12.80	8:23.40	26:04.00
FEMALE 15 - 19						
1 Brittany Alkerton	F 16	348	BROCKVILLE	4:08.60	6:40.08	20:43.00
FEMALE 20 - 29						
1 Charlotte Larry	F 25	306	KINGSTON	4:09.00	6:40.73	20:45.00
2 Amanda LaBelle	F 26	351	JASPER	5:46.20	9:17.15	28:51.00
3 Anastasia Durant	F 28	354	SOUTH MOUNTAIN	6:00.60	9:40.33	30:03.00
FEMALE 30 - 39						
1 Robyn Hoogendam	F 31	346	TORONTO	4:37.20	7:26.11	23:06.00
2 Jenni Stotts	F 30	312	BROCKVILLE	5:46.00	9:16.83	28:50.00
FEMALE 40 - 49						
1 Patty Marshall	F 48	329	BROCKVILLE	4:47.40	7:42.53	23:57.00
2 Sarah Crawford	F 43	325	ELIZABETHTOWN	5:14.00	8:25.33	26:10.00
3 Allison Smith	F 40	311	BROCKVILLE	5:33.80	8:57.20	27:49.00
4 Elizabeth Leblanc	F 41	335	OTTAWA	5:44.00	9:13.61	28:40.00
5 Janet Gartley	F 46	343	BROCKVILLE	6:10.80	9:56.74	30:54.00
6 Julie Chueh	F 41	327	KINGSTON	7:06.20	11:25.90	35:31.00
FEMALE 50 - 59						
1 Audethy Tallack	F 54	350	KINGSTON	4:39.40	7:29.65	23:17.00
2 Jill Durant	F 54	353	BROCKVILLE	4:48.80	7:44.78	24:04.00
3 Marianne Carlyle	F 53	319	BROCKVILLE	5:40.20	9:07.50	28:21.00
4 Sharon Riddell	F 50	345	BROCKVILLE	5:49.20	9:21.98	29:06.00
FEMALE 60 - 69						
1 Jennifer Barnes	F 67	301	BROCKVILLE	6:39.00	10:42.13	33:15.00
2 Marion Wyatt	F 66	316	BROCKVILLE	8:48.80	14:11.02	44:04.00
MALE 1 - 9						
1 Johnson Chuang	M 9	331	KINGSTON	7:06.00	11:25.58	35:30.00
MALE 10 - 14						
1 Ethan Crawford	M 13	324	ELIZABETHTOWN	3:54.20	6:16.91	19:31.00
2 Cole Lidlow	M 13	333	BROCKVILLE	3:55.40	6:18.84	19:37.00
3 Cameron Locke	M 13	320	BROCKVILLE	4:15.60	6:51.35	21:18.00
4 Charlie Chuang	M 13	330	KINGSTON	9:04.20	14:35.80	45:21.00
MALE 15 - 19						
1 Arden Barnett	M 15	334	BROCKVILLE	4:23.60	7:04.22	21:58.00
2 Jared Payette	M 16	344	BROCKVILLE	4:28.20	7:11.63	22:21.00
3 Colin Gartley	M 16	342	BROCKVILLE	4:28.60	7:12.27	22:23.00
MALE 20 - 29						
1 Eric Baumann	M 26	302	DELTA	3:34.60	5:45.37	17:53.00
2 Jeffrey Shepherd	M 23	310	MALLORYTOWN	3:46.40	6:04.36	18:52.00
3 Kevin Morash	M 24	307	COLE HARBOUR	3:49.80	6:09.83	19:09.00

28th Annual Mark Darroch 1/2 and James K. Carlyle 5km

Sept 12, 2015

12/9/15 - 12/9/15

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
MALE 30 - 39							
1	Michael Touw	M 32	314	KINGSTON	5:48.00	9:20.05	29:00.00
2	Chris Emslie	M 35	337	BROCKVILLE	7:12.80	11:36.52	36:04.00
MALE 40 - 49							
1	Robert Browne	M 43	352	MALLORYTOWN	4:14.80	6:50.06	21:14.00
2	David Cannons	M 48	339	KINGSTON	4:46.60	7:41.24	23:53.00
3	Brian Gartley	M 45	341	BROCKVILLE	5:32.60	8:55.27	27:43.00
4	Ricky Chuang	M 41	332	KINGSTON	9:04.40	14:36.13	45:22.00
MALE 50 - 59							
1	Kevin Riddell	M 54	308	BROCKVILLE	4:14.60	6:49.74	21:13.00
2	Willy Primeau	M 54	338	BROCKVILLE	7:12.60	11:36.20	36:03.00
MALE 60 - 69							
1	Rick Swift	M 68	317	BROCKVILLE	4:04.40	6:33.32	20:22.00
2	Gerry Tutecky-McDougall	M 60	326	PRESCOTT	5:02.40	8:06.67	25:12.00
3	Bryne Francois	M 67	304	BROCKVILLE	5:07.40	8:14.71	25:37.00
4	Richard Sunderland	M 69	313	KINGSTON	5:10.40	8:19.54	25:52.00
5	Jim Estes	M 66	340	KINGSTON	5:21.60	8:37.57	26:48.00
6	Ken Tallack	M 60	349	KINGSTON	5:35.00	8:59.13	27:55.00
7	Jonathan Wyatt	M 66	315	BROCKVILLE	6:07.60	9:51.59	30:38.00
8	Tony Barnes	M 64	300	BROCKVILLE	6:15.60	10:04.47	31:18.00
MALE 70 - 79							
1	Hugh Wilson	M 75	321	BROCKVILLE	5:45.00	9:15.22	28:45.00
2	Bill Poole	M 71	318	MALLORYTOWN	6:08.40	9:52.88	30:42.00
3	Liam Cullen	M 73	336	BROCKVILLE	9:05.40	14:37.74	45:27.00
MALE 80 - 99							
1	John Bernaquez	M 83	322	BROCKVILLE	5:57.20	9:34.86	29:46.00
2	Robert Beeneey	M 83	303	AMHERSTVIEW	9:05.20	14:37.41	45:26.00